



ERASMUS+ INFO KIT

Form'Arte

Porto, Portugal

WELCOME TO PORTO

Welcome to Porto, one of Portugal's most vibrant and historic cities! Located along the Douro River in northern Portugal, Porto combines UNESCO-listed heritage, traditional Portuguese culture, excellent food and a lively student atmosphere. During your Erasmus+ mobility, you will have the opportunity to discover the city, experience Portuguese professional education and enjoy the unique atmosphere of northern Portugal.



ABOUT US

Form'Arte is a training centre in arts, technology and soft skills, created by an eclectic team committed to continuous learning and personal and professional development. Its activities combine knowledge with practical learning through training courses and workshops, educational services and international courses. Form'Arte works with professionals, educators, schools and other partners and aims to develop new methodologies and tools in education, while using art as a connecting element between different fields of knowledge.



IMPORTANT INFO

-  Organisation: Form'Arte
-  Address: Rua Monsenhor da Fonseca Soares, 137, 4150-335 Porto
-  Phone: +351 91 171 74 21
-  Email: geral@formarte.pt
-  Website: [Form'Arte - Official Website](#)
-  Opening hours: Monday-Friday, 09:00-19:00
-  Main areas: Arts • Technology • Education • Soft Skills • International Training

MEANS OF TRANSPORT

Porto has a convenient public transport network including Metro, buses and trains, while many central attractions can also be reached on foot. The school is particularly easy to access: buses 300, 301 and 602 stop very close to ECP, while several other routes operate nearby; Carolina Michaelis Metro Station is also an important connection point. For public transport, the Andante system can be used across metro, bus and participating trains, and the Anda app allows eligible users to travel and validate journeys digitally. Porto Airport is connected to the city by Metro Line E (Purple), with trains running approximately every 20–30 minutes depending on the time and day.



ACCOMMODATION

- <https://www.booking.com/Share-H7Q66lQ>
- <https://www.booking.com/Share-iz8firR>
- <https://www.booking.com/Share-Fkero1>
- <https://www.booking.com/Share-pHWFv3V>
- <https://www.booking.com/Share-mwOCg6>



LOCAL TIPS

Porto is a city to explore slowly - walk through its historic streets, enjoy the views over the Douro River, and try traditional northern Portuguese food. 🍴🇵🇹 Don't miss Francesinha, Bacalhau, Pastel de Nata, caldo verde and a Portuguese coffee. Wear comfortable shoes because Porto has many steep streets and cobbled pavements. For a relaxed afternoon, explore Ribeira, cross the river towards Vila Nova de Gaia, or enjoy the sunset near the riverfront. 🌅



POINTS OF INTEREST

Porto offers a great combination of history, architecture and modern culture. 🏛️ Visit Ribeira, the colourful historic riverside district, cross the iconic Dom Luís I Bridge, and explore São Bento Railway Station with its famous Portuguese tilework. Other highlights include Porto Cathedral, Clérigos Tower, Livraria Lello, Palácio da Bolsa, São Francisco Church, Avenida dos Aliados, Mercado do Bolhão and Casa da Música. Livraria Lello, founded in 1906, is particularly famous for its neo-Gothic architecture, historic staircase and stained-glass window.



DAY TRIPS

Porto is an excellent base for discovering northern Portugal! Braga offers historic churches, gardens and the impressive Bom Jesus sanctuary; Guimarães, a UNESCO World Heritage city, is closely connected with the origins of Portugal; Aveiro & Costa Nova are perfect for canals, colourful houses and the Atlantic coast; while the Douro Valley offers spectacular river landscapes, terraced vineyards and wine culture. For nature lovers, the Peneda-Gerês National Park is another excellent option for mountains, trails and waterfalls.



LANGUAGE TIPS

The official language is Portuguese, but English is widely useful in tourist areas, schools and international environments. 🇵🇹 Try a few Portuguese expressions during your stay:

👋 Olá! – Hello!

🌅 Bom dia! – Good morning!

☀️ Boa tarde! – Good afternoon!

🙏 Obrigado / Obrigada! – Thank you!

😊 Por favor. – Please.

❓ Desculpe. – Excuse me / Sorry.

📍 Onde fica...? – Where is...?

💶 Quanto custa? – How much does it cost?

☕ Um café, por favor. – A coffee, please.

👋 Até logo! – See you later!